

JANUARY 2023



SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Oasis Closed	4	5 Oasis Closed	6	7
8 YogaFaith: All Levels 4pm - 5pm	9	10 Oasis Open 9am - 2pm	11	12 Oasis Open 9am - 2pm Vision Boards* 10am - 12pm	13	14
15	16	17 Oasis Open 9am - 2pm Ceramics Painting* 10am - 12pm	18	19 Oasis Open 9am - 2pm Prayer 1pm - 2pm	20	21 A Vision for Your Year* 9am - 12pm
22 YogaFaith: All Levels 4pm - 5pm	23	24 Oasis Open 9am - 2pm Coffee & Coloring 12:30 - 2pm	25	26 Oasis Open 9am - 2pm Hearing from God 11am - 12pm	27	28
29 YogaFaith: All Levels 4pm - 5pm	30	31 Oasis Open 9am - 2pm Volunteer Training* 2pm - 5pm				

*Registration requested. Sign up online or at The Oasis.



WEEKLY EVENTS

Open Hours at The Oasis (updated)

Tuesdays & Thursdays, 9 am - 2 pm
Closed January 3 and 5 for the holidays

Stop by anytime during our open hours for free coffee or tea, conversation, prayer, and much more.

YogaFaith: All Levels NEW

Sundays, 4 pm - 5 pm
No class January 15


This new YogaFaith class is for all levels but is perfect for beginners. Conducted from the floor, it includes weight-bearing postures on the hands and knees. Other postures are practiced from a standing, supine, prone, and seated position. Each class includes breathwork and a biblical scripture meditation and/or reflection.

Class is taught by Claire Williams, a 200hr RYFT and Lead Trainer.

Please arrive ten minutes early to get settled and fill out a waiver.

Cost: Love Donation

THEOASISWINDER.COM

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**THU
12** Vision Boards*
10 am - 12 pm

Start the new year off by creating a vision board to express your dreams and goals.

**TUE
17** Ceramics Painting*
10 am - 12 pm

Choose from a variety of ceramic items to paint while getting to know new friends.

**THU
19** Prayer Connection
1 pm - 2 pm

We invite you to a quiet time of prayer as we lift up requests together.

**SAT
21** A Vision for Your Year*
Mini-Retreat for 2023 Planning
9 am - 12 pm

A guided experience for creating a written vision for your life this year, including how to set goals, plan effectively, assess progress, and prioritize rest and well-being.

**TUE
24** Coffee & Coloring
12:30 pm - 2 pm

Take a break from your week with relaxing adult coloring over coffee.

**THU
26** Hearing from God
Connecting with God Series
11 am - 12 pm

Join us for the first in a new workshop series called *Connecting with God*. Learn the ways God speaks and how to discern His voice.

**TUE
31** Oasis Volunteer Training*
2 pm - 5 pm

Learn more about our mission and vision and how you can get involved as a volunteer.

*Registration requested. Sign up online or at The Oasis.